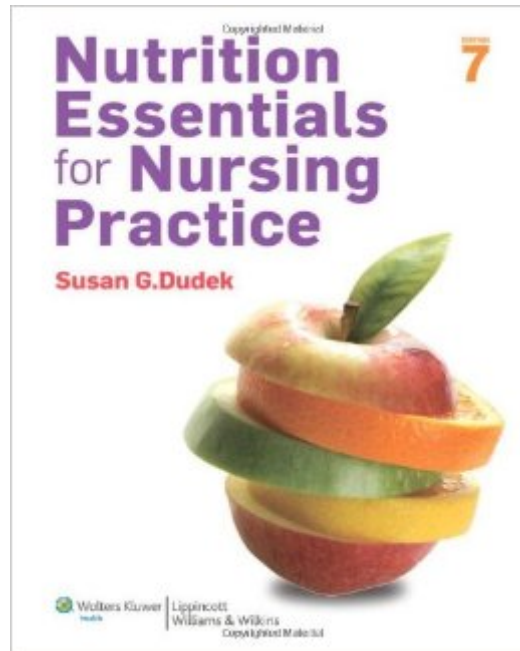


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# Nutrition Essentials For Nursing Practice, 7th Edition



## Synopsis

Master the nutrition content you need for success with *Nutrition Essentials for Nursing Practice*, a practical reference you can use throughout your education and into practice. Throughout the book, the author demonstrates the importance of nutrition to all aspects of nursing practice and emphasizes what you really need to know about nutrition. The Seventh Edition reflects the latest evidence-based practice and nutrition recommendations, while maintaining its nursing process focus and emphasis on patient teaching. Prepare for the board exam with each chapter's NCLEX-style study questions. Apply nutrition concepts to real world scenarios through intriguing case studies in every chapter. Get involved in real world clinical challenges with 24 online Disease-Oriented Interactive Case Studies. Each case study ends with ten NCLEX-style test questions and five open-ended critical thinking questions. Be ready for teachable moments with patients through the popular Quick Bites features that offer short, compelling food details and facts. Test your knowledge with chapter-opening True/False questions tied to chapter Objectives. (An answer key appears at the end of the chapter). Access a range of useful tools, including Sample Diets, Dietary Reference Intakes, dietary guidelines for the United States and other countries, MyPyramid for Moms, and coverage of nutritional needs throughout the life cycle. Learn to think on your feet in challenging clinical situations with chapter-ending How Do You Respond? sections. Master the content of the course with key terms defined in the margins and chapter-ending key concepts, as well as easy-to-understand tables, and visuals. Find the most up-to-date and reliable nutrition resources online using chapter-ending Web addresses. You can also access the latest research through the wide range of current journal articles posted on thePoint.

## Book Information

Paperback: 664 pages

Publisher: Lippincott Williams & Wilkins; 7th edition (June 24, 2013)

Language: English

ISBN-10: 1451186126

ISBN-13: 978-1451186123

Product Dimensions: 1 x 8.5 x 10.5 inches

Shipping Weight: 2.6 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars See all reviews (28 customer reviews)

Best Sellers Rank: #42,506 in Books (See Top 100 in Books) #9 in Books > Textbooks >

Medicine & Health Sciences > Alternative Medicine > Diet Therapy #16 in Books > Textbooks >

Medicine & Health Sciences > Nursing > Clinical > Nutrition #17 inÂ Books > Medical Books > Allied Health Professions > Diet Therapy

## Customer Reviews

Amazing!! Good condition. Comes with online textbook also. Just peel off the grey area and that's your code. Wish it was hardcover because it's flappy with all the pages have to be careful. Came bent a bit but hardly noticeable

My class found this text very biased. Ethnic groups stereotyped in the religious and cultural chapters specifically. African Americans eat "Soul Food" and Hispanics eat "Rice & Beans" was too narrow-minded for our diverse group. Would rather see real nursing skills promoted like conducting a proper food history rather than these assumptions. The chapter on Food Pyramid versus My Plate could've been clearer if they'd gone with the Canadian version. Percentages, ratios, food choices within the groups is not clear for educating patients. Overall, an adequate textbook for the subject.

Nice nutrition book, every thing is laid out in a proper order and is easy to read and understand. It is for my nursing nutrition class, so I had to buy it, but its not bad for a school required text.

Great text. easy to read. Provides lots of images, graphs and statistical data to support the information provided. This is one text I will likely utilizing in my post nursing school life.

Fine book. Matches the full text except there are NO PAGE NUMBERS. The flow bar offers a "location" but it does not correlate with the full text!!!

Wish I didnt have to buy it, but it came fast and it was cheaper than it was in the bookstore. Honestly I've never opened it though, maybe I'll use it in the last two semesters of my nursing program...

Item arrived as described and on time! I have found having a hard copy of this text extremely helpful as opposed to the e-text that was provided to me.

The product arrived quickly, in perfect condition. Exactly as described. I am very happy with this purchase.

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